



# DANIELLE GERTNER

OWNERSHIP COACH | SELF MASTERY MENTOR

Women'sHealth



TEDx

ONNIT



POPSUGAR  
FITNESS

Danielle Gertner is an Ownership Coach, expert community builder, and podcast host who is on a mission to unlock the world's **radical confidence** with her **signature Own Your Shit™ method**. She uses a unique blend of neurolinguistic programming, hypnosis, trauma-informed somatics work, story work, and primal play to help her clients make soul-shifting transformations that last a lifetime.

With **nearly 10 years of experience** as a self mastery mentor, habit and mindset expert, movement coach, and professional hype woman, Danielle has guided hundreds of clients to achieve breakthroughs and unimagined levels of confidence in short periods. She helps them unleash a power they have never felt before so they can make the permanent shifts to living with compassion, clarity, pleasure, and play.

Danielle is also an emcee, workshop facilitator, host, and speaker for **TEDx events**, **HYROX** - a worldwide fitness competition, and several high school and collegiate leadership conferences. Danielle is also the proud co-founder of **Warrior Women ATX** - named Most Empowering Workout community for women in Austin.

## REACH



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14K @DANIELLEGERTNER



6K+ OWN YOUR SHIT  
PODCAST

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## EXPERT TOPICS

- How to use the Own Your Shit™ method to take radical responsibility over your life
- Turning pain into purpose - how grief can be a compass to guide your life
- How to stop people-pleasing and start self-pleasing
- How to use language to rewrite stories and shift limiting beliefs
- The science of habit building and mindset transformation